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ear...

Need help to understand the significance of voting:

This is actually a remix but I needed to look back in order to help us move forward.

During an education and mobilization forum, sponsored by the Dallas Alumnae Chapter of Delta Sigma Theta Sorority, Inc., it was pointed out that when there is a huge voter turnout at the polls, Democratic candidates have a better chance of securing victories.

But everyone is not going to vote Democratic. And everyone can't vote.

Which brings me to my truth!

Just because you don't have a voter registration card does not mean you can't work campaigns, polls, or voter education programs;

Just because you may have a criminal record, does not mean you can't participate by encouraging others to vote and donating to campaigns;

AND.

Just because you aren't on the ballot or you don't have an opponent, you definitely don't get a pass!

Every darned election, you should be out working like your life depends on it because we've seen what happens when there's low voter turnout.

When it's a presidential election the turnout is so much higher than during midterm elections.

Voters fail to realize that those they vote in during the presidential election need reinforcements that come during the midterm election.

Also, if you stay home during the midterm election, you could be setting the stage for a

See MY TRUTH, page 14

Man pleads guilty, sentenced to 48 years in prison for Dallas murder of Muhlaysia Booker

By Maggie Prosser and **Jamie Landers**

A man pleaded guilty to murder Monday morning for the slaying of Muhlaysia Booker, a transgender woman who was fatally shot in 2019.

Kendrell Lavar Lyles, 37, was sentenced to 48 years in prison after accepting a deal with prosecutors. He faces two additional murder charges in Collin County, according to court records.

See MAN PLEADS GUILTY, page 2



Dallas Police Maj. Max Geron announces the arrest of Kendrell Lavar Lyles.



Muhlaysia Booker, 23, was shot and killed in May, about a month after she was beaten at an east Oak Cliff apartment complex

Dallas Mayor salutes World Champions



It's still sinking in: the Texas Rangers are (finally) world champions.

The losing seasons, the heartbreak, the rebuilds, the special moments, the beloved players who came and went - they were all part of the journey.

Though they play over in Arlington, the Rangers have long been involved with Dallas youth. The Texas Rangers Youth Academy, located in West Dallas, provides year-round baseball and softball lessons to kids, positively impacting thousands of young lives in Dallas.

Dallas will savor this victory and hopefully more — for many years to come.

See MESSAGE FROM THE MAYOR, page 3



Ivan "Pudge" Rodriguez, country music legend George Strait, Mayor Johnson, and Adrian Beltre

Uptick of Intimate Partner Violence

Elsie Cooke-Holmes calls attention to crisis.



Elsie Cooke-Holmes

Special to Texas Metro News

Delta Sigma Theta Sorority, Incorporated mourns the recent murders of our sisters, Amanda Williams and Robin Simpson.

Soror Williams was shot to death in the Warrensville Heights, Ohio, home she shared with her fiancé, who has been charged with her murder.

Soror Simpson was allegedly stabbed to death by her husband in front of their eight-yearold daughter in her Houston,

Our opposition to intimate partner violence is strengthened by the memory of our beloved sisters, Amanda Williams and Robin Simpson, and far too many others who have been casualties of this daunting and deadly scourge.

Texas, home.

Their murders serve as a somber reminder of the importance of laws that protect women and girls from intimate partner violence.

A 2021 World Health Organization study found that one in three women globally have experienced intimate partner

See INTIMATE PARTNER VIOLENCE, page 13

Shingle Mountain no longer exists

Dallas Mayor Pro Tem Tennell Atkins at the former Shingle Mountain dump site in South Dallas off I-45 South, Simpson Stuart Road & S. Central Expressway.

The cleanup came in ahead of schedule and under budget by ~ \$200k.

Eliminating environmental injustices throughout the area is focal on the growth aspect of a healthy sector & its environment.

There is a pending remediation clearance in order to allow zoning to take effect soon.

This will continue to assist with the growth of Southern Dallas District 8.

Council Member Atkins did note that, "Forward Dallas" since it's inception in 2006 has been focused on the growth & revitalization of the Metroplex as a whole.

















Man pleads guilty, sentenced to 48 years in prison cont. from page 1

"No amount of time can bring Muhlaysia back, and although we wish the sentence was capital punishment, our family can finally have some sense of closure knowing that justice was served and he can't cause any more families hurt and pain," said Booker's mother Stephanie Houston.

Booker, 22, was found about 6:30 a.m. May 18, 2019, in the 7200 block of Valley Glen Drive, near Ferguson Road in Far East Dallas. A month prior, a video that circulated online showed Booker being

The Dallas County District Attorney's office declined to comment.

Family and friends of Booker are expected to face her killer and make victim impact statements Thursday.

Police wrote in an arrest-warrant affidavit that Booker had been picked up in South Dallas about three hours earlier by someone in a light-colored early 2000s Lincoln LS without a front license plate.

A witness who picked Lyles out

his phone was in the area at the time of the shooting and that it then was in the same areas as Booker's phone afterward, according to the affidavit.

Lyles also faces charges in the slayings of 35-year-old Leticia Grant and 29-year-old Kenneth Cichocki.

Grant was found May 22, 2019, outside the Chatham Court Apartments in the 7800 block of McCallum Boulevard in Far North Dallas. She had been shot in the head and died two days later.

According to police, Lyles had been in communication with Grant shortly before her death and his cellphone was in the area where she was found. A witness also told police they had confronted Lyles after learning of Grant's death, and Lyles admitted to being in the area when she was shot but denied shooting her, according to an affidavit.

A little more than 24 hours after Grant's shooting, police said Cichocki was shot in a nearby AutoZone parking lot.

Police wrote in an affidavit that

Cichocki had been in contact with Lyles on Facebook Messenger about the sale of Xanax earlier that night. He sent a message at 10:09 p.m. saying he was at the parking lot, and was found six minutes later with a gunshot wound to his neck, police said.

A witness who was in the car

with Lyles at the time of the shooting told police Cichocki leaned into the driver's side window and the witness "almost immediately heard a gunshot," an affidavit says. The witness, who told police she didn't know why Cichocki had come up to her car, drove away. Cichocki died six days later.

Kendrell Lavar Lyles, 37, faces two additional murder charges in Collin County, according to court records.

punched and kicked repeatedly in the parking lot of an apartment complex. She suffered a concussion and broken wrist from the beating.

"The resolve was correct," Lyles' attorney, Richard Franklin, told The Dallas Morning News from inside the downtown Dallas courtroom. Jury selection was slated to begin Monday.

of a photo lineup told police he was known to frequent the 2800 block of Lagow Street "to meet with transgender prostitutes," the affidavit said. Another person confirmed that a champagne-colored 2001 Lincoln LS parked in front of a West Dallas apartment building belonged to Lyles.

Police searched Lyles' cellphone records and determined

FWMBCC honored twice



The Fort Worth Metropolitan Black Chamber of Commerce was recognized last month by the Fort Worth City Council for having been honored as the "Chamber of the Year" by the Texas Association of African American Chambers of Commerce.

City Councilman Chris Nettles read a resolution acknowledging the honor which he presented to President & CEO Michelle Green-Ford and other representatives of the Black Chamber, including Board Chair Sharon Douglas, vice chair Andre McEwing and board member Charlie Powell.

This story, originally published in The Dallas Morning News, is reprinted as part of a collaborative partnership between The Dallas Morning News and Texas Metro News. The partnership seeks to boost coverage of Dallas' communities of color, particularly in southern Dallas.

Denver Court Considers Lawsuit Seeking to Bar Trump from 2024 Ballot over Insurrection Involvement

By Stacy M. Brown

Denver's district court is considering a lawsuit to prevent former President Donald Trump from appearing on Colorado's 2024 ballot due to his alleged involvement in the U.S. Capitol attack on Jan. 6, 2021. Colorado Judge Sarah Wallace recently rejected Trump's attempt to dismiss the case, which was filed last month on behalf of six voters in the Denver district.

The lawsuit is based on Section 3 of the 14th Amendment. It argues that people who have participated in insurrection or rebellion after promising loyalty to the Constitution should not be able to hold office. Trump,

who is currently facing 91 criminal charges after four federal and state indictments, could potentially receive a prison sentence of over 800 years. The lawsuit accuses him of breaking his promise as president by attempting to overturn the 2020 election, which ultimately led to the Jan. 6 insurrection.

Citizens for Responsibility and Ethics in Washington (CREW), along with several law firms, filed a lawsuit on behalf of six voters from the Republican Party and independent voters. Eric Olson, from CREW, began his testimony by explaining what Trump did before Jan. 6. This included a tweet he sent in December 2020 asking his



Donald Trump

supporters to come together in Washington, D.C. Olson highlighted Trump's frequent mentions of Jan. 6. He stated that Trump motivated his followers by making false allegations of election fraud.

Olson showed a video clip of

Trump's speech on the Ellipse on Jan. 6. In the speech, the former president said, "Let's go to the Capitol." He argued that Trump was acutely aware of the influence of his words and that his speech before the Capitol riot exacerbated the situation.

Olson also pointed to a postspeech tweet where Trump criticized then-Vice President Mike Pence, asserting that Pence lacked "the courage to do what he should have done." That followed a clip of Trump supporters outside the Capitol chanting, "Hang Mike Pence."

"We are here because Trump claims, after all that, that he has the right to be president again," Olson asserted. "But our Con-

stitution, the shared charter of our nation, says he cannot do so."

During his opening arguments, Scott Gessler, Trump's legal representative, decried the lawsuit as "antidemocratic" and said Monday's hearing was "politicized." Gessler argued that Trump used the word "peace" several times during his speech at the Ellipse on Jan. 6, as well as in his tweets on the same day. He claimed that the lawsuit wants the court to approve the January 6 Committee's report, which he described as a biased and harmful report.

Read more at

Dallas Mayor salutes World Champions cont. from page 1

Distinguished Service

This week, I had the pleasure of honoring three extraordinary Dallas residents by presenting them with the Mayor's Distinguished Service Award. This award honors the notable service and significant contributions of Dallas residents to the City of Dallas.

The three honorees were:

- The Honorable Tom Leppert, 58th Mayor of Dallas
- Darwin Payne, SMU Professor Emeritus of Communications
- Ambassador Jeanne Phillips, former United States Permanent Representative and Ambassador to the Organization for Economic Cooperation and Development (OECD) in Paris, France

It was an incredible honor to recognize these City of Dallas residents who have served and represented our city so well and honorably over the years.

Reconnecting a community

For generations, Oak Cliff a vibrant community that is divided by 11 miles of highway - has been treated as an afterthought by this city's leaders. That officially ended two weeks ago, with the kickoff of the construction of the new Southern



The Honorable Tom Leppert, Ambassador **Jeanne Phillips and Darwin Payne**

Gateway Park. This project will introduce the world to Oak Cliff in a breathtaking new way. Southern Gateway Park is healing a divide and reconnecting a

This isn't just a milestone for Southern Gateway Park; it's a milestone for

Oak Cliff and the City of Dallas as a whole. Southern Gateway Park is a game-changing investment in the people and the families of Oak Cliff that will bring increased economic activity and swaths of trees to an area that has been defined by a mass of

This park above a highway will soon reconnect the community it once cleaved apart. Southern Gateway Park is essential to the future progress of our city and shows what is possible in Dallas

when our city unites around a common goal.

Humble Beginnings

Austin Street Center recently hosted its annual "Humble Beginnings" luncheon to help raise funds and awareness around the issues of homelessness in Dallas. The event honored Nancy Best and Southern Methodist University and also featured a conversation with former United States Secretary of State Condoleezza

As a city, Dallas must continue to reduce homelessness by focusing on strengthening partnerships and using proven strategies. Like many issues Dallas faces, homelessness is not an issue that city government can solve on its own. In fact, it is clear that it is an issue that is best handled by the folks in the trenches.

That's where faith leaders and community organizations, such as Austin Street Center, come in. That's also where institutions come in, such as Southern Methodist University, which has invested in Dallas time and time again by shaping and nurturing the next generation of philanthropists, civil servants, and community leaders.

The work that all of the afore-

mentioned are doing speaks for itself.

District 2

I recently visited District 2 with Councilmember Jesse Moreno. During the visit, Councilmember Moreno discussed ways we can work together to address homelessness. He also shared some exciting economic development opportunities and future park projects and improvements, including some coming to Old East Dallas Yard Park (more on that very soon!).

That's all for today. Have a great week and take care of yourselves!



Ed Bell Construction Company An Equal Opportunity Employer

Ed Bell Construction is a Dallas based heavy highway contractor doing business in the North Texas market since 1963. With clients such as TxDOT, Dallas County Public Works, and the Cities of Dallas, Fort Worth, Richardson, and Mansfield (plus many others), we have a strong backlog of work in the highway market locally.

We are currently hiring for the following position

- Form setter (Paving)
 Boom Mobile Crane (CDL)
 Concrete Finishers (Paving)
 Dozer Operator (Earthwork

- Dozer Operator (Earthwork)
 Laborer (Paving, Earthwork)
 Loader Operator (Earthwork)
 Batch Plant Operator (Concrete)
 Concrete Paving Operator (Paving)
 Motor Grader Operator (Earthwork)
 Barricade Servicer (Must have valid DL)
 CDL Drivers (Water Truck, End Dump, Belly Dump, Haul Truck)

Available: multiple openings

Rate: Negotiable
Must have own transportation

Vears of Experience required will vary, from 6 months to 2 years (depending on position)
Physical and Drug Screen Required
Must have a Clear Background
Must be at least 18 years old (CDL Driver, 21 yrs.)

Must APPLY IN PERSON at 10605 Harry Hines Blvd., Dallas, TX 75220 from 7am-11am Mon-Fri. Please visit our website: www.edbellconstruction.com/career
Or email your resume to: careers@edbellconstruction.com

Are You Man Enough for 2024?



Are you man enough, big and bad enough? Are you gonna let 'em shoot you down? When the evil flies and your brother cries, are you gonna be around?

- The Four Tops, Shaft in Africa Soundtrack 1973

In the third saga of the "Shaftian" trilogy, Shaft in Africa, Richard Roundtree ditches his debonair "Private Dick" persona for the sake of some people he's been hired to free.

Shaft's job is to upend a racket that smuggles immigrants into Europe and then exploits them.

Substitute America for Europe and it sounds familiar, huh?

Get the movie, but when you do, also pick up the soundtrack. One of the songs performed by the Four Tops is the perfect challenge to Black men for 2024. Are you man enough? Big and bad enough?

Maybe you ain't as handsome as the dashing young Richard Roundtree was in Shaft. Hell, by age 50, the former model and actor wasn't as pretty as he once appeared.

But if you're going to make a difference in 2024, you need to model the three generations of Shaft that showed up in the finale. They all had different skills and each one handled his bizness!

Once upon a time in the Black community we had pretty women and working men. But the script has flipped, so now we have working women and pretty men.

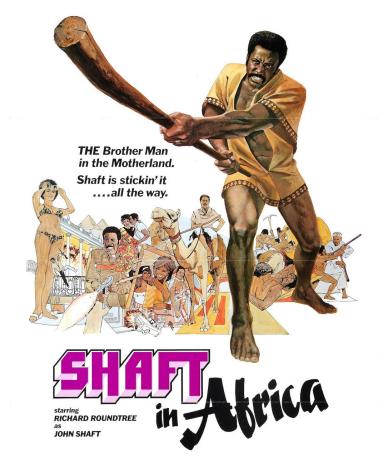
The King James Bible says if a man won't work, he ought not eat. The Vincent Hall annotated Bible adds that the working woman shouldn't feed his sorry ass either.

Job One - Get a job. Get two while you're at it.

When you reduce the plight of Black America down to its lowest common denominator, the Black man is the root cause. There's no way around the facts. You Negroes may be pretty, but you still play too much, and no one is impressed.

Job Two – Take care of the children of your loins, the children in your life, and your community.

First things first, take care of your kids. Either find a way to stay with little mama, or find a way to stay with your responsibilities. Some of you Negroes will change



MGM Presents A STIRLING SILLIPHANT-ROGER LEWIS Production "SHAFT IN AFRICA" Starring RICHARD ROUNDTREE VONETTA McGEE Written by STIRLING SILLIPHANT Produced by ROGER LEWIS Directed by JOHN GUILLERMIN Metrocolor Panavision

jobs just to keep from paying child support.

But I've been peeping that White man at the Attorney General's office, and when he hooks up with your "Baby Mama," you ain't got a chance.

And let me warn you. If you brag to me about how you shafted your family, I'll turn you in myself.

My tax burden is too heavy. But the burden on my heart as I watch these children languish in the wake of your irresponsibility has become too much.

"Baby Daddy" is cute. But these children need fathers or at least a faithful substitute.

Secondly, stop bragging about how many offsprings you got when you know damn well you ain't contributing to their welfare.

And this ain't just for the young studs; this is for them old dudes too. Fifty ain't too old for you to find your "chir'en" and provide for your grandchir'en." That 'ish ain't cute.

Oh yeah, for you other Shafts who hold your heads high because you are raising or have raised your children, Congratulations! Tu tienes un pedacito de mi corazon (you have a piece of my heart).

Now that you've been high-fived and had your feel-good moment, help with these innocent babies who weren't fortunate enough to have you as their daddy.

Job Three - Stay with it.

While in Africa, Shaft battles a sinister dude named Amafi. The closer Shaft got to his nemesis Amafi, the more dangerous it became.

Shaft left New York for Africa only to learn that thugs, assassins, and hooligans were lurking around every corner at home and abroad.

It's okay to lament about the White man and how he tries to "keep a brother down." For White folks the conspiracies are generally theoretical, but racism and oppression is real. We got receipts.

However, in 2024 we must rise above excuses by striving for excellence. Black folks were making "a dollar outta 15 cents, before Shaft and we can do it again!

In 2024, we gotta do more. The Four Tops posed the appropriate question 50 years ago; Are you Man Enough? Big and Bad Enough?

Well, are you?

Peace, Shalom, Paz, Frieden, Paix, A Salaam Alaikum!

Vincent L. Hall is an author, activist, award-winning columnist and a lifelong Drapetomaniac!

MetroNews

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CREDO OF THE BLACK PRESS

The Black Press believes that America can best lead the world away from racial and national antagonisms when it accords to every person, regardless of race, color or creed, full human and legal rights. Hating no person, fearing no person, the Black Press strives to help every person in the firm belief that all are hurt as long as anyone is held back.

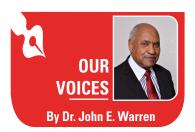
President Biden and Vice President Harris Participate in Inaugural Meeting of President's Commission on Black Americans



The President dropped by the swearing-in ceremony of the Presidential Advisory Commission on Advancing Educational Equity, Excellence, and **Economic Opportunity** for Black Americans and expressed his Administration's commitment to racial justice, equity, and opportunity for all Black Americans. To engage with OPE on African American Community related matters, contact Feven

Solomon.

Blacks, Veteran's Day and Critical Race Theory



Veterans Day was created as "Armistice Day" on November 11, 1919, the first anniversary of the end of World War I. It became a national holiday by an act of Congress in 1938. As we honor the memory of those who served in this great conflict, separately and apart from other occasions honoring our War service members, let us not forget the special struggles of Black Veterans, especially during the years following World War I.

We have seen from history that African Americans who fought for the freedom of others on distant shores, came home to disenfranchisement, segregation, and subhuman treatment on every front where they should have received respect and equality for having served. We have seen from a historical point that a Black soldier named Charles Lewis, recently discharged from the military, was lynched in uniform in Hichman, Kentucky; in 1944, four Black soldiers after a white store owner claimed they tried to take over his place; in 1947, we repeat how Joe Nathan Roberts, a Black Navy Veteran, studying at Temple University on the G.I. Bill was abducted and shot because he wouldn't say "Sir" to white men.

What is so important about these stories today is that if "Critical Race Theory" is allowed to be implemented on the scale white legislatures and school boards are trying to do, to sanitize all discussion of America's racist past, these stories will be lost along with the racist history they represent. Let us not forget that we have over 99 African American servicemen who earned and received the Medal of Honor in battle, fighting, and in some cases dying for a country who would only honor them when the flag was draped over their coffins and taps played at their graveside.

It is up to us to remember and honor our own, in spite of what this nation does or how it seeks to change or erase the history that we bled and sacrificed to build. Yes, this Veterans Day, let's remember our own; and not by running out to catch the latest sales. How about reflecting on how we can individually build on what they left? Things like registering to vote, spending money with those who support us, demanding respect for ourselves and our elders, and remembering that we are still "Black" to America whether we are rich, poor, educated, homeless, or ignorant.

We must honor ourselves before we can demand that others

Dr. John E. Warren is publisher of The San Diego Voice and Viewpoint.

Honoring a Long Fight for Truth and Justice



On Oct. 9, Hughes Van Ellis, who was one of the last three known survivors of the 1921 Tulsa Race Massacre, passed away at age 102. The story of the white supremacist mob violence that devastated Tulsa's Black community is the kind of American history too few students learned about in school. It is also the kind of American history some leaders are trying to ban schools from teaching right now. For decades the truth was hidden in Tulsa. But we all suffer without knowing and understanding our full history, and every new effort to hide the truth about history from our children must not work. Hughes Van Ellis was just an infant and his 109-year-old sister Viola Ford Fletcher and 108-yearold Lessie Benningfield Randle were just children when the massacre happened, but all three became determined to make sure their families' stories were told and to seek justice.

The massacre, which took place May 31-June 1, 1921, destroyed Tulsa's Greenwood District. At the time Greenwood was one of the most prosperous Black communities in the country and was nicknamed

"Black Wall Street." It was home to Black businesses, theaters, churches, restaurants, and thousands of Black citizens. On May 30, 19-year-old Black shoeshiner Dick Rowland had entered an elevator in a downtown Tulsa office building staffed by a 17-year-old white female elevator operator. A 2001 commission studying the massacre presented the most likely account of what happened next: Rowland may have tripped and either stepped on the elevator operator's foot or grabbed her arm trying to steady himself. She screamed, and a white clerk who saw Rowland rushing away called the police to report an attempted assault that was quickly falsely sensationalized in the Tulsa Tribune. Amid the growing rumors and outrage Rowland was arrested.

A crowd soon gathered outside the courthouse where he was being held, with armed white residents demanding his lynching and armed Black residents, including World War I veterans, arriving to help protect him. The first shot fired may have been an accident, but as more shots were fired and Black residents retreated to Greenwood, a mob followed them. Violence continued into the next day as white attackers looted and set fire to buildings throughout Greenwood. Instead of stopping them, police deputized white civilians and gave them more guns and am-



In this postcard from the collection of McFarlin Library at the University of Tulsa, a photo from on top of the Santa Fe Freight office at 1st Street and Elgin Avenue in Tulsa, Oklahoma, is seen, showing the fires on Archer towards Greenwood. The Goodner-Malone company (1 N. Frankfurt) building is in the center of the photo.

munition, and the Oklahoma National Guard helped round up and detain 6,000 Black residents. Hundreds of people were injured and three dozen were officially confirmed dead, but historians estimate as many as 300 Black citizens may have been killed. Many deaths were quickly covered up as bodies were buried in unmarked graves. Thirty-five city blocks were burned down, destroying more than 1,200 homes, and 10,000 people were left homeless, including Hughes Van Ellis's family. No one was charged for any of the deaths, injuries, or property damage.

Hughes Van Ellis was later drafted into the army and served in World War II, but despite his service to our nation, he never forgot how his community had been treated. He, his sister Viola, and Lessie Benningfield Randle became well known in recent years as they and other descendants of massacre victims sued a group of seven defendants, including the city of Tulsa, the Tulsa County Sheriff's Office, and the Oklahoma National Guard, for reparations and justice. Their case was dismissed in July 2023, but in August, the Oklahoma Supreme Court said it would hear

In written testimony for the U.S. House Subcommittee on the Constitution, Civil Rights and Civil Liberties on the centennial of the Tulsa Race Massacre in 2021, Hughes Van Ellis said: "You may have been

taught that when something is stolen from you, you can go to the courts to be made whole. You can go to the courts to get justice. This wasn't the case for us ... We were shown that when Black voices called out for justice, no one cared. But we still had faith things would get better. We still believed in the promise of America ... We're not asking for a handout. All we are asking for is for a chance to be treated like a first-class citizen who truly is a beneficiary of the promise that this is a land where there is 'liberty and justice for all' ... You can give us the chance to be heard and give us a chance to be made whole after all these years and after all our struggle. I still believe in America. I still believe in the ideals that I fought overseas to defend. And I believe if given the chance you will do the right thing and justice will be served."

In a statement after he passed away, Oklahoma State Rep. Regina Goodwin said, "Two days ago, Mr. Ellis urged us to keep fighting for justice. In the midst of his death, there remains an undying sense of right and wrong." The fight continues, and I so am grateful to Hughes Van Ellis for helping make sure the rest of us know the truth about his and our shared history.

Marian Wright Edelman is founder and president emerita Children's Defense Fund.

Examine what is said, not who is speaking



Our current popular culture is filled with combatant noise thereby the words of Lucille "Big Mama" Allen continue to empower and resonate: "Examine what is said, not who is speaking."

Big Mama was a source of simple wisdom and unchanging faith in my family, touching the lives of her sons, daughters, grandchildren, and great-grandchildren. Her values have inspired me to focus on the message rather than the messenger, reminding us that valuable information often hides behind personal biases. This marks my third year sharing my lessons from Big Mama's stories.

Big Mama's wisdom was rooted in a simple yet profound truth

- the significance of paying attention to the message, regardless of the value you place on the messenger. She believed that every individual possessed the potential to teach us something, even if we didn't particularly value that person

I have been in a room where my message was attacked not because it was a bad message, but because I was the deliverer of the insight. In a world where everyone is eager to speak, Big Mama emphasized the importance of listening. She believed that we talk too much and don't listen enough. By examining what is said, not who is speaking, we can learn valuable life lessons.

Big Mama's first lesson is about mastering the art of listening. To truly understand a message, we must be quiet and listen attentively. When we silence our own thoughts and ego, we create space to appreciate the wisdom in others' words.



David Grossman and Terry Allen

The second example teaches

us to ask clarifying questions. Be-

fore moving on from a topic, it's

essential to ensure that we fully

get the message. Big Mama of-

ten said that true understanding

comes from asking questions,

Big Mama's third example tells

me to focus on what is not being said and what is 'seen'. She be-

lieved that we should pay atten-

tion to body language, emotional

pauses, and references to other

not making assumptions.

people. Sometimes, what's not said speaks volumes.

Photo: Terry Allen

I am reminded of the wisdom of award-winning communications expert David Grossman's The "7-38-55 Rule." David, an awesome mentor/colleague, ally and Founder and CEO of The Grossman Group further reinforces Big Mama's wisdom.

In his book, Heart First, he shares the 7-38-55 rule, where only 7% of meaning is conveyed through words, while tone of

voice (38%) and body language (55%) provide the rest. Incongruence often reveals what is not being said.

Lucille "Big Mama" Allen was a beloved matriarch powered by her wisdom and faith. Big Mama" was right.

She taught me to prioritize the content over the messenger. Her lessons remind us not to rush to judgment or dismiss valuable insights simply because we don't like the speaker. By examining what is said, not who is speaking, we open ourselves to better outcomes.

Ok readers, have you lost the lesson because you hated the messenger? If so, tell me about it email me at TerryAllenpr@gmail.

Terry Allen is an NABJ awardwinning Journalist, DEI expert, PR professional and founder of the charity – Vice President at FocusPR, Founder of City Men Cook and Dallas Chapter President of NBPRS.org

What are we Getting?



I was recently asked to speak at the Erma Johnson Hadley Scholarship Banquet. Hadley's life was filled with accomplishments: She was the first Black student from Leggett, Texas to graduate from college; the fourth chancellor, and the first woman and first African American to lead Tarrant County College (TCC) District.

She was the first woman and first African American elected as chairman of the DFW International Airport Board. Hadley died in 2015 and was such a proponent of education. Her legacy continues through the many lives she impacted and this scholarship program which supports young people in their pursuit of a college education.

Times have changed drastically from the days of retiring from a job after 30+ years of service.

My grandparents did not have college degrees and were able to take care of their families. Yet, data is demonstrating that the gap between the haves and have-nots continues to widen based on education.

According to the New York Times (October 3, 2023), "Almost two-thirds of American adults do not have college degrees, and they have become increasingly excluded from good jobs, political power, and social esteem. As their lives and livelihoods are threatened, their longevity declines." Research also confirms that those with degrees live longer than those who are non-degreed on average.

The educational divide is also clear in economic circumstances. "According to Federal Reserve data, wealth was equally split between those with and without college degrees in 1990, but today three-quarters of wealth is owned by college graduates."

The disparity between those with and without degrees is evident in many areas including in hiring: "Jobs are handed out not on the basis of necessary or useful skills but by the use of the degree as a hiring screen." There materialism, money, and things that don't matter such as popularity and fame. If you want

"Intelligence plus character — that is the goal of true education."

-Dr. Martin Luther King, Jr.

are long-term impacts on many levels as it relates to pursuing or not pursuing a degree or a trade.

Education is important but I don't think we recognize that we must push young people to get more than degrees and certifications. There is something lacking in a lot of young people and even those who are more seasoned—we are missing traits such as integrity, character, understanding, and wisdom.

There are a lot of educated fools—a lot of people who have book sense but lack compassion, kindness, and humility. If we want to see a better world, we must focus on building these qualities in addition to getting letters behind names.

As a society, we focus a lot on

youth who embody the aforementioned traits, these desired behaviors are developed by spending time talking with your child/ren and modeling what you want to see. Don't drop them off at church and expect others to teach them how to live.

It starts with you and your faith. What are you putting first and focusing on? "Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths." (Proverbs 3:5-6) Some of our paths are filled with steep curves because our priorities are out of order.

I often tell my daughter that every person she meets is the sum total of their decisions. Every single day, we make choices that produce consequences. We must help young people make wise decisions, activate discernment, and use discretion.

"Do you want to be counted wise, to build a reputation for wisdom? Here's what you do: Live well, live wisely, live humbly. It's the way you live, not the way you talk, that counts..." (James 3:13 MSG) Choices in friends can impact our lives as well: "Do not be misled: Bad company corrupts good character." (1 Corinthians 15:33)

The Bible tells us that "Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding." (Proverbs 4:7) We need to help our young people to "get" more than a degree and that starts with training at home. Diplomas and Degrees are important but what we teach and model at home are critical, too.

Dr. Froswa' Booker-Drew is the President of Soulstice Consultancy and the Founder of the Reconciliation and Restoration Foundation. She is also the author of four books and the host of the Tapestry podcast.

BRIEFS



African American Museum, Dallas, debuts two exhibitions

In conjunction with Deep Ellum's 150th anniversary, the African American Museum, Dallas will debut two exhibitions, host a community/family event on opening day, and support a panel discussion and book signing at the Nasher Sculpture Center – all to commemorate the enduring significance of Deep Ellum and Central Track.

The two exhibitions illuminate Central Track, which connected to Deep Ellum and was once a thriving African American community whose roots date back to the Civil War. Central Track was demolished in the 1940s to make way for North Central Expressway and the I-345 overpass.

Central Track: Crossroads of Deep Ellum focuses primarily on the 1920s and 1930s and features newspaper clippings, archival photographs, posters, and recordings of blues, jazz, and popular music of the period.

Seeing a World Blind Lemon Never Saw presents a photographic series made by Alan Govenar from 2021-2023, exploring rural East Texas and little-known places in Dallas, locations Blind Lemon visited or alluded to in his songs (see detailed descriptions below).

Free and open to the public, the exhibi-

tions open Saturday, Nov. 11, 2023, and run through May 30, 2024, at the African American Museum, Dallas in historic Fair Park (3536 Grand Ave, Dallas, TX 75210).

In conjunction with the exhibition debuts, the Community/Family Day, which also marks 30 years since the museum opened at Fair Park, will be held Saturday, Nov. 11.

Central Track: Crossroads of Deep Ellum and Seeing a World Blind Lemon Never Saw are the fourth and fifth of five exhibitions created and launched by Documentary Arts founder Alan Govenar to honor Deep Ellum's century-and-a-half milestone.

The three other exhibitions currently on view are When You Go Down In Deep Ellum and Unlikely Blues: Louis Paeth and Blind Lemon Jefferson at the newly opened Deep Ellum Community Center (2528 Elm St. A in Dallas) and Invisible Deep Ellum, a public art installation under the I-345 overpass.

Below is an overview of the exhibitions and events planned at the African American Museum, Dallas:

CENTRAL TRACK: CROSSROADS OF DEEP ELLUM

Saturday, Nov. 11, 2023, through May 30, 2024

FREE at the African American Museum, Dallas

Central Track: Crossroads of Deep Ellum unravels the growth and demise of North Central Avenue, in the area known as Central Track or Stringtown, which connects Deep Ellum to what was called Freedman Town after the Civil War. The area was later renamed Short North Dallas then Old North Dallas before being identified as Uptown.

SEEING A WORLD BLIND LEMON NEVER SAW

Saturday, Nov. 11, 2023, through May 30, 2024

FREE at the African American Museum,

Featuring the photography of Alan Govenar, the 34 large images of rural East Texas and early Dallas neighborhoods interrogate the landscapes of the legendary blues singer Blind Lemon Jefferson, lyricizing the environment and experiences where Jefferson was born and lived.

Govenar's compelling photographs of Jefferson's environment are characterized with chromatic elegance and depth. The images encapsulate the spectrum of human experience.

The photographs' clear tonal contrast of light and shadow evokes a timeless quality that transcends the boundaries of time and gives Govenar's photographs universal appeal.

COMMUNITY/FAMILY DAY

Saturday, Nov. 11, 2023, from 11 a.m.-3 n.m.

African American Museum, Dallas Free

Community Family Day, which also marks 30 years since the African-inspired building opened its doors at Fair Park, will include arts and crafts, a paint party, live music, a documentary, films, exhibition trivia and commemorative gifts.

ART AND THE URBAN EXPERIENCE PAN-EL DISCUSSION AND BOOK SIGNING

Presented by the Nasher Sculpture Center and Documentary Arts

Wednesday, Nov. 15, 2023, at 5:30 p.m.

Nasher Sculpture Center (2001 Flora St., Dallas, TX 75201)

Free but registration required

The panel discussion will highlight the efforts of Govenar and Documentary Arts to focus public attention on the enduring

significance of Deep Ellum.

The talk will feature Govenar joined by Bob Ray Sanders and Norma Adams-Wade, who will provide context and commentary on Deep Ellum's storied history and discuss the role art plays in urban growth and the sometimes unintended consequences of that growth.

A book signing with authors follows for "See That My Grave Is Kept Clean: The World and Music of Blind Lemon Jefferson" by Govenar and Kip Lornell and "Deep Ellum and Central Track: Where Cultures Converged" by Alan Govenar and Jay Brakefield.

Visitors are also encouraged to learn more by visiting the Museum's permanent exhibition, Facing The Rising Sun: Freedman's Cemetery, which was initiated by Govenar and Documentary Arts and curated by Collins in 1996.

HOURS. The African American Museum, Dallas is open Tuesdays through Fridays from 11 a.m.-5 p.m. and Saturdays from 10 a.m.-5 p.m. Free self-parking is available in nearby lots.

For more information, go to aamdallas.org or call 214-565-9026.



To register for this event, go to www.womenofpowerdfw.com

Sponsors





1,000 Thanksgiving Meals

As the holiday season approaches, The Dirk Nowitzki Foundation will host and fully fund The Dirk Nowitzki Foundation Fall Food Drive on Thursday, Nov. 9, from 9-11 a.m. at the Mark Cuban Heroes Basketball Center (1800 Bonnie View Rd., Dallas, TX 75216). Free and open to the public, the drive-up event will offer free meals to approximately 1,000 families. Pre-registration is NOT required.

"My family and I are happy that our foundation is able to assist our community at such an important time of year," said Dirk Nowitzki.

"As we approach the holidays and the weather gets colder, we want to give back to North Texas and help families in need."

Local firefighters and law-enforcement members from various agencies will volunteer to help load the food into cars on Nov. 9. Each meal pack serving 4-6 people will include a whole uncooked turkey; a variety of sides (green beans, corn, macaroni and cheese, and mashed sweet potatoes); fresh potatoes, sweet potatoes and yams; two cans of cranberry sauce; dinner rolls; stuffing mix; a southern pecan pie or sweet potato pie; and a case of drinking water.

A can opener, plastic utensils and containers to warm food will also be provided. Food boxes are limited and available on a first-come, first-served basis.

And with colder temperatures around the corner, The Dirk Nowitzki Foundation will donate warm blankets to participating families.

The event is in partnership with the Dallas Tennis Association's philanthropic arm, the Dallas Tennis and Education Academy (DTEA).

DTEA provides free and low-cost tennis and education to under-resourced children and is headquartered at Kiest Tennis Center. Tennis is the hook; education is the goal – and for over 20 years 100% of DTEA students who stayed with the program have graduated from high school and gone on



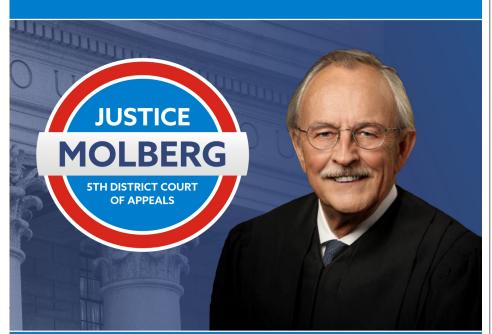
Dirk Nowitzki

Photo: Naismith Hall of Fame

to college – most on academic or tennis scholarships.

100 meals will be delivered to families and senior citizens who reside in the Kiest Park neighborhoods including Cedar Crest, Oak Cliff, Pleasant Grove and southern Dallas.

To learn more about the Dirk Nowitzki Foundation, visit forty.one/us. For specific questions regarding the event, contact Scott Tomlin at scott.tomlin@dncompanies.com.





Four Decades of Service to the Community as a Lawyer and Judge

JusticeMolberg.com

Pol. adv. paid by Justice Ken Molberg Campaign





"Since you first elected me in 2008, it has been my honor to serve you. I ask for your vote as I run for re-election."

Judge Eric V. Moyé



DEMOCRATIC PRIMARY: March 5, 2024 VOTE EARLY: February 20 - March 1

JudgeMoye.com

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DEMOCRATIC PRIMARY: March 5, 2024 VOTE EARLY: February 20 - March 1

JudgeTonyaParker.com

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Use Medicare.gov to easily compare prescription drug and health coverage options. Do a side-by-side comparison of Coverage, Costs, and Quality Ratings.

Medicare.gov is the official source for information about Medicare and Open Enrollment.

Medicare.gov | 1-800-MEDICARE THE OFFICIAL SOURCE FOR MEDICARE

If you are struggling with your prescription drug costs, Extra Help is a Medicare program that can help pay for your drug coverage (Part D) premiums, deductibles, coinsurance, and other out-of-pocket costs. If you make less than \$22,000 a year, it's worth it to apply.

Visit ssa.gov/extrahelp or call Social Security at 1-800-772-1213 (TTY 1-800-325-0778) to apply.



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FAIRNESS, JUSTICE AND EQUALITY FOR ALL





Pray.com and iHeartMedia Launch Podcast Pray.com, the No. 1 app for itual leader Bishop T.D. Jakes,

prayer and faith-based audio content and iHeartMedia, the No. 1 podcast publisher globally according to Podtrac, announce the eagerly anticipated launch of "Sleep Psalms with Bishop T.D. Jakes," a soothing, spiritual podcast to enlighten, inspire and deepen faith through the timeless wisdom of the Psalms, offering peaceful nights of rest.

"It's an honor and privilege to work with a multi-generational icon like Bishop T.D. Jakes on a project that helps people battle anxiety, depression, and insomnia," said Pray. com CEO Steve Gatena. "With Sleep Psalms, we are able to bring God's grace to those seeking rest and renewal so they can find a pocket of peace before they go to sleep."

In fact, in a recent study, over 94% of Prav.com subscribers reported that using Pray.com helped to improve their sleep. Presented by renowned spir-

of TIME, Bishop Jakes' wisdom, care and light shine through his numerous efforts of benevolence, including from within this timely podcast.

"In a world that often feels

PRAY.COM this podcast ushers listeners into serene reflection and comfort through the beautiful and poetic messages of God's Word. "Sleep Psalms" features 150 episodes from what many consider the most cherished book in the Bible for restful sleep and renewed strength. Visionary, provocative think-

er and one of the world's most revered communicators, Bishop T.D. Jakes serves as the CEO & Chairman of the T.D. Jakes Group, a global conglomerate at the intersection of ministry and marketplace; he is also the senior pastor of The Potter's House, a global humanitarian organization and 30,000-member church headquartered in

challenges I've seen in our world today among countless individuals," shares Bishop Twice featured on the cover Jakes. "This is more than a podcast; it's a nightly retreat into the embrace of the Divine an authentic solution for those struggling to find peace."

Offering a serene haven, "Sleep Psalms with Bishop

with Bishop T.D. Jakes

chaotic, finding solace and rest

is difficult for so many people.

In fact, it's one of the biggest

T.D. Jakes" combats sleep deficiency and its symptoms, from increased risk of chronic illness, to higher probabilities of depression and anxiety, to impaired concentration and diminished quality of life. This profound, tranquil podcast allows listeners to improve their sleep and overall health, readying them to face the challenges of everyday life with wisdom and faith.

In addition to "Sleep Psalms with Bishop T.D. Jakes," Pray. com hosts podcasts from various leading Christian pastors and speakers, meditative and reflective prayers and Bible-based resources to aid listeners wherever they may be in their spiritual growth journeys. Pray.com podcasts are distributed by iHeartPodcasts.

Find "Sleep Psalms with Bishop T.D. Jakes" and other prayer and faith-based audio content at Pray.com/podcasts, on the iHeartRadio app and everywhere podcasts are heard.

Metro Community Calendar powered by



NOVEMBER

9



North Dallas Suburban Alumnae Chapter of Delta Sigma Theta Sorority, Inc. presents the return of Crimson Sunset, presented by Safe Harbor Marinas, at

6:30pm at Brookhaven Country Club in Farmers Branch



Join Alpha Kappa Alpha Sorority-Alpha Beta Phi Omega Chapter at 7:00pm for a lively virtual discussion about our schools, our community, and what we must do to help establish positive relationships between the community and local government, businesses, and other organizations to create the change we want to see. Register to-day https://us02web.zoom.us/.../tZck-cO6rqDovEtMnRJCbxc13bSe18...

Chris Howell

Chris Howell Foundation's (CHF)
"Building Up Fundraising Event"
Time: 5:30 -7:30pm, Doors open at
5:00 pm at Amy Holly, 111 North Bishop Avenue Suite B Dallas, TX 75208

10

DERRICK WALKER and WRITEOUS SOUL

A salute American veterans in a poetic word battle for an enchanting evening of spoken word and jazz.

FRI, NOV 10, 2023 @ 9PM SAT, NOV 11, 2023 @ 9pm Clarence Muse Café Theatre - \$10 PLUS APPLICABLE FEES

Hosted by B. Randall Music by Music by IBTrio.

11

BIG BLACK TIE BALL

Big Black Tie Ball
Frontiers of Flight Museum, 6:30 pm –
Cocktails and Heavy Hors d'oeuvres
8:00 pm – Program & Dinner with Entertainment to Follow. Sponsorships
are available at WWW.BIGBLACKTIEBALL.COM



Southwest Dallas County Alumnae Chapter of Delta Sigma Theta Sorority presents Winter Weather Safety. "There's No Time to Chill When it Comes to Safety" ZOOM Symposium at 1p.m.



Women of Power Symposium - Learn How to Walk in your Power

with authority Destiny Pointe Christian Center in

Center in Arlington at 10am





15





DECEMBER

1



The Black Academy of Arts and Letters

2

Women's Health & Fitness Expo 2023 10a.m. - 5p.m. Crowne Plaza Dallas Downtown, 1015 Elm Street Dallas, TX



Florida A&M University, Bragg Stadium - Ken Riley Field, Tallahassee, FL

14





Emerald City Award Gala Dallas Black Chamber of Commerce





w/Gheryl Smith

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The World According to Drew on BlogTalkRadio.com 8 am.-10 am. CST. Sundays Tune in for thought-provoking, enlightening, informative, and entertaining news and commentary. Join Andrew Whigham on the call 646-200-0459

SEND CALENDAR ITEMS TO

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SVE interns shine at Rainbow PUSH Coalition Conference



April D. Taylor

April D. Taylor is a powerhouse. She is the CEO of The SVE Firm, a full-service consulting firm that partners and collaborates with clients to deliver results and navigate complex challenges. With more than 10 years of specialized expertise in strategic planning, event man-

agement, sponsorship activation, and nonprofit management.

The firm name, The SVE Firm (SVE), was intentionally named to solidify the core values of Strategy, Vision, and Execution that are applied to everything, ensuring that clients are served

with integrity, excellence, teamwork, and first-class customer service. Clients benefit greatly from the diverse range of knowledge and experience.

"The SVE Firm is committed to providing unique internship opportunities for students with our partners," says Taylor.

Pictured are student scholars who joined her at the Rainbow PUSH Coalition Conference in Atlanta in October. They were the epitome of professionalism and service. That is what is expected from Taylor, The SVE Firm, and anyone who works under the brand.

Madison **Thompson**





Madison Thompson, a senior majoring in Political Science with a minor in Writing, originates from the vibrant south side of Atlanta and is currently an esteemed student at Spelman College. Madison's dedication extends beyond her academic pursuits as she actively contributes to her campus and community. She holds the position of Secretary for the Spelman College Chapter of the NAACP, assumes the role of Publicity Chair for the Spelman Pre-Alumnae Council, is a member of the Morehouse-Spelman Pre-Law Society, and serves as a Communication Liaison for the Girl Scouts of Greater Atlanta. Madison's impressive journey also includes a rewarding internship with the Public Defender of Metropolitan Nashville & Davidson County through the Black Public Defender's Association Engagement Fellowship. Currently, she contributes her skills under the guidance of Chief Judge Keisha Wright Hill at the Clayton County Magistrate Court.

Tyler Williamson



MASS MEDIA ARTS

Tyler Williamson, hailing from Cleveland, Ohio, is a graduating senior Mass Media Communications Scholar from the esteemed Clark Atlanta University. She is a passionate and determined individual with a profound love for the art of storytelling, advocacy, and community engagement. Tyler's journey into the world of storytelling commenced at an early age, driving her to pursue a degree in Mass Media Arts. Throughout her academic pursuit, she honed her skills in various domains, including production management, production, marketing, and broadcast journalism. She is now wholeheartedly committed to applying her academic preparation to real-world opportunities and engaging in hands-on apprenticeships. In her leisure time, Tyler takes pleasure in exploring new programming prospects, actively volunteering within her university community, and cherishing moments with her family and friends.

Shenyah Ruth





BUSINESS ADMINISTRATION

Shenyah Ruth, currently a senior majoring in Business Administration at Florida A&M University, is an active and engaged student leader. Her contributions to the university community are extensive. She proudly serves as an Orange and Green campus tour guide, holds a significant role as a Goddess within the FAMU section of the National Council of Negro Women, and previously served as the Director of Student Lobbying for the Student Government Association, where her journey in social activism began. In recognition of her civic engagement, Shenyah was bestowed the title of Miss Association and received an award in acknowledgment of her commitment. Her dedication extends to organizing over registration drives on campus, collaborating with For Our Future to canvas local neighborhoods, and actively lobbying on behalf of FAMU and the Florida University System. Earlier this year, Shenyah seized the opportunity to work as an Earlier this year, Shenyah seized the opportunity to work as an Administrative Assistant for the Health and Human Services committee during the legislative session.

Allen Donegan



FINANCE

Allen Donegan, hailing from Cincinnati, Ohio, is on the cusp of graduating as a Finance major from Morehouse College. Throughout his tenure at the renowned institution, Mr. Donegan has consistently displayed remarkable leadership and unwavering dedication. As a Bonner Scholar, he serves as an exemplary model of a deep commitment to community service and active civic engagement. Notably, he holds the esteemed position of President within Morehouse NAACP, where he exerts a profound influence in shaping the organization's direction and core values. Additionally, Allen actively participates as a member of the Morehouse Business Association. Over the course of his college journey, Allen has engaged with prestigious organizations such as the NFL, Octagon Sports Agency, and USA Basketball. As he approaches graduation, his aspirations are set on attending Law School, with a long-term vision of becoming a sports agent.

London Camel







INTERNATIONAL AFFAIRS

London Camel is a global studies scholar at Florida A&M
University. London's fervent commitment to social justice has
paved the way for her to achieve numerous remarkable
milestones. She has served as a Legislative Intern for Florida
State Senator Bobby Powell and a Legislative Intern for Florida
State Representative D. Hogan-Johnson. In her earlier years, she
held the role of a Legal Assistant for The Ferguson Firm PLLC.
London's leadership qualities shine through her diverse roles,
including Deputy Director of Political Affairs for Florida College
Democrats, Lead Student Organizer for the Florida Legislative Black Caucus
Scholarship. She also notably served as a Legislative Aide to
State Representative Y. Hayes-Hinson and State Representative
Jervonte Edmonds. London's reputation precedes her, and it is a
testament to her unwavering dedication and passion for
championing social justice causes.

Antonio Sweeney





BUSINESS ADMINISTRATION

Antonio Sweeney is a Sophomore at Morehouse College studying business administration with a concentration in marketing from Flint, Michigan. He is also a proud recipient of the Oprah Winfrey Scholarship at Morehouse. He is currently the Director of Social Media for the Morehouse College Young Democrats, a member of the Student Ambassadors program, and a recent 2023 Chevrolet Discover The Unexpected Fellow (Chevy DTU, In the Chevy DTU program, he had the opportunity to learn from Chevrolet marketing executives, travel across the country to produce content with the National Newspaper Publishers Association, and star in 3 commercials with General Motors by promoting the 2024 Chevy Trax and the DTU experience. Antonio is the founder and Chief Executive Officer of AS Consulting LLC. He also co-founded Nextgen Management LLC, a company dedicated to youth empowerment and creating generational wealth through entrepreneurship.

Raven Joseph

FLORIDA STATE UNIVERSITY



MARKETING

MARKETING

Raven Joseph, is a first-generation Jamaican and Haitlan, graduating senior at Flordia State University. She majors in Marketing, specializing in Social Media Marketing, and minors in Religion. She is known for her ambition, advocacy, and action. Raven aspires to further her education with a Law Degree and Seminary. She has achieved notable milestones, including earning an AICE Diploma at the age of 15, receiving scholarships and grants, and being involved in undergraduate research. Raven's impact extends beyond academics, as she is a finalist for a position at The Florida Senate. With a background as a ministry leader, she is committed to civil and social rights, actively participating in various initiatives. She serves as an executive board member for the Collegiate Prayer Group and the Caribbean Student Association, advocating for students' empowerment. Raven's roles as a social media marketing manager, ministry leader, and event planner drive her desire to make a positive impact on her community.

Zokeria **Monroe**





HEALTH SCIENCES

her associate's degree in interdisciplinary studies while still high school at Albany Technical College. Fueled by her deep high school at Albamy Technical College. Fueled by her deep passion for nursing, she now pursues a bachelor's degree in Nursing at Clayton State University. Zokeria's dedication to her education is exemplified by her receipt of the HOPE scholarship, and she aspires to secure the Zell Miller scholarship in the upcoming semester. Her educational journey doesn't conclude at the bachelor's level. Zokeria has set her sights on obtaining a master's degree in healthcare administration, reflecting her commitment to a lifelong pursuit of knowledge and expertise. Beyond her academic endeavors. She is currently involved with the nonprofit organization, Future Successors, which focuses on empowering youth aspiring to become entrepreneurs. Zokeria's contributions to this organization are carried out at KIPP South Futton in East Point, where she plays a pivotal role in nurturing the ambitions of young milds. ions of young minds.

Tobias Brown



POLITICAL SCIENCE

administration from Albany State University through the high school dual enrollment program. Tobias has been fortunate to gain invaluable experience by working alongside Federal Prosecutor Leah McEwen, where he had the opportunity to study the inner workings of the courtroom. This unique experience has not only deepened his passion for the law but also solidified his ambition to pursue a Juris Doctorate. Motivated by a profound commitment to his community, Tobia aspires to play a pivotal role in bridging the racial gap for BIPOC individuals. His desire to make a lasting impact is evident in his unwavering dedication to a future career as a Federal

Lifestyle Metro Calendar powered by



NOVEMBER



Come party with the Sorors of the North Dallas Suburban Alumnae Chapter! Crimson Sunset will feature live music, heavy hors d'oeu-

vres, and a cigar patio. Brookhaven Country Club. Get tickets: https:// tinyurl.com/yskshpty

The Ivy & Pearl Foundation of Dallas is hosting their 27th Annual Bowl-a-Thon **Fundraiser** to



seniors at Bowlero Bowl in Garland, TX 75041. For more info, contact jmvaughn@aol.com



The C.V. Roman Medical Society Scholarship Gala -Dr. Brian Williams, trauma surgeon and Congressional Candidate, will be

the keynote speaker. 6:30 pm at The Statler Hotel, Dallas

African American Cinema in Color, Black & White, featuring Blaxploitation Films - 50 Years Later.-Blackenstein, The Mack, Ganja and Hess, beginning at 11:30am at The Black Academy of Arts and Letters -Room T-314.



MCI Diagnostic Center will be partnering with ANF or a Free Community Health Fair at 5146 S. Country Club Rd. in Garland, 10am-2 pm



First Christian Church, 115 So. Glenbrook Dr., Garland, TX and the Heritage Brass Band present: A Veteran's Day Concert at 7p.m.



November 11, 2023 Frontiers of Flight Museum

CLIFTON WILLIAMS and D'JENEBA

Planist CLIFTON WILLIAMS and vocalist D'JENEBA, aka Jeniffer Criss, team up to woo audience in a non-stop evening of jazz, R&B, and pop. A JAZZ AT THE MUSE series.

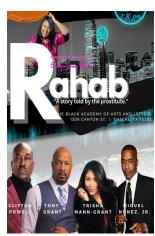
at Clarence Muse Theatre at 9pm

18

BANDS OF HOPE 10th annual



charity gala at the Hilton Hotel Richardson, 701 E. Campbell Road. A charitable event benefiting the JV McRae Foundation and the Bowtie Boys. The keynote speaker will be author Travis Wortham.



Rahab "A story told by the prostitute" at The Black Academy of Arts and Letters at 7:30pm



Hopeful Alzheimer's & Caregivers' Symposium, 9am - 3pm **UT Southwestern Medical Center** 5323 Harry Hines Blvd., Dallas, TX

"150 Years of Culture. 50 Years of Hip Hop. 1 Deep Ellum Day." Deep Ellum Music Festival. The festival will be free and family-friendly as it celebrates the culture and talent that has come from the entertainment district. That includes rock band Bowling For Soup, who will be headlining the event. That North Texas-sprung band will perform at this event alongside Doug E. Fresh and Reverend Run of Run-D.M.C., who will at the same time throw their own celebration of hip-hop's 50th anniversary as a genre during the festivities.

DECEMBER

NATIONAL SOCIETY OF PROFESSIONALS

Presents Its SECOND ANNUAL HOLIDAY + SNEAKERS SOCIAL



The 25th annual Christmas in the Park at 8:30am in the Fair Park Automobile Building



Fashion Show and Dance Benefit at the Warehouse FW, 1125 E. Berry Street, Fort Worth. Reception at 6pm Fashion Show starts at 8pm

Send your calendar items to editor@texasmetronews NATIONAL SOCIETY OF

SATURDAY NOVEMBER 9:00AM-3:00PM

UNT at FRISCO CAMPUS 122995 PRESTON ROAD **FRISCO, TX 75033**

CONNECT. EMPOWER. ADVANCE.







Uptick of Intimate Partner Violence cont. from page 1

physical or sexual violence.

It has been estimated that African American women experience intimate partner violence at a rate that is 35 percent higher than that of white females and about 2.5 times the rate of women of other races.

African American women also experience higher rates of intimate partner homicide when compared to their white counterparts.

Delta Sigma Theta has long advocated for local, state, federal, and international policies to prevent violence against girls and women and hold perpetrators of intimate partner violence accountable.

Deltas successfully advocat-

ed for the passage of the federal Violence Against Women Act (VAWA), which was first signed by President Bill Clinton in 1994 and has been reauthorized in 2000, 2005, 2013, and 2022.

VAWA established the U.S. Department of Justice's Office on Violence Against Women, stiffened penalties for convicted abusers, offered civil redress for victims whose cases were not prosecuted, and offered federal funding for the investigation and prosecution of violent crimes against women.

However, much work to address intimate partner violence remains

For example, Congress has refused to pass the International Violence Against Women Act, legislation that would tie U.S. foreign assistance to programs that promote women's economic opportunity, address violence against girls in school, and work to change public attitudes about women's rights to bodily autonomy.

Delta chapters will continue to advocate for the passage of laws designed to address violence against women and girls. Our chapters will amplify programming designed to expose intimate partner violence as a public health threat.

We will also urge elected officials to expand access to programs, safe houses, financial assistance, and mental health services for victims of intimate partner violence.

Successful District 2 Gun Buyback

The City of Dallas Gun Buyback event on Saturday, Oct. 21, 2023 was a great success as 128 weapons were voluntarily disposed of. This event was the result of a joint effort between District 2 Council Member Jesse Moreno, Congresswoman Jasmine Crockett, Sheriff Marian Brown and her deputies, and Constable Orozco and his precinct.

The primary goal of the gun buyback program is to prevent firearm violence by reducing the stock of firearms in a community. Gun buybacks can also serve as venues for raising awareness of the risks associated with firearms, educating participants about safer firearm storage, and connecting violence prevention organizations, all of which could potentially lead to reductions in firearm crimes, injuries, or deaths.

The event provided a safe place for constituents to dispose of unwanted firearms. The firearms are now being disposed of by the Dallas Police Department.





UMOJA KARAMU CELEBRATION



This celebration is all about the unity of the black race while highlighting events and periods that helped shape the Black American family. It is becoming an alternative holiday for many Black American families who want to distance themselves from the traditional Thanksgiving. It was created in 1971 by Dr. Edward Sims Jr. in hopes that this symbolic ceremony would draw black people closer by celebrating their common history and cultural heritage

MEANING OF THE COLORS

The celebration is based on five periods of Black American life, each represented by a color to be used in the ceremony

COLOR	PERIOD	REPRESENTS
BLACK	Prior to Slavery	Black families in Africa before slavery
WHITE	In Slavery	Scattering of black families during slavery
RED	Emancipation	Blacks' liberation from slavery
GREEN	Liberation Struggle	Civil rights and equality struggle
GOLD /	Future	Hope for the Future



ORDER OF THE CELEBRATION

1. Prayer - starts the celebration

2. Libation - liquid is poured in honor of the family's ancestors

3. Period Presentation - elders share advice/encouragement, read narratives, play music, pass the foods that represent the five different colors

4. Feast - after the food is enjoyed, unused food is given to the poor/homeless

MATCH THE COLOR TO THE TIME PERIOD

A. BLACK _ Liberation from Slavery B. WHITE ____ Civil Rights Struggle Hope for the Future D. GREEN ____ Africans Before Slavery African Americans During Slavery

LOOD OF MANY COLORS	!
Each color is represented by a specific food. V	/rite
the correct color next to the celebrated food	
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Children & Family Institute Honors Cynthia Izaguirre, Celebrates 30 Years, at Gala November 30

By Leah Frazier NewsBreak Original

The 30-Year Anniversary Celebration Gala for the Children & Family Institute (CFI), will take place on November 30, at the Hurst Conference Center. The evening promises to be an unforgettable experience, featuring a VIP reception with entertainment and a silent auction, followed by a delightful dinner at 7 pm.

Dr. Froswa Booker-Drew will serve as the Honorary Chair for this event. Cynthia Izaguirre, anchor at WFAA in Dallas, TX, specializing in television news and weekly Wednesday's Child reports, is being honored for her commitment to helping foster children find forever homes.

For three decades, the Children & Family Institute (CFI) has been dedicated to building, strengthening, and restoring families by providing loving, secure, and permanent homes for children in need. What began as a courageous leap of faith by its founder, Rose Nesbitt Jones, driven by a passion for the well-being of children and families, has grown into an organization that has positively impacted thousands of families both nationally and internationally.

This gala aims not only to celebrate the remarkable achievements of CFI but also to pave the way for an even brighter future. In line with its mission, it aspires to inspire the local community, raise essential funds for its agency's programs, and establish The Rose Nesbitt Jones Educational Schol-



Children & Family Institute staff celebrate 30 years of service. Photo: Children & Family Institute



WFAA Channel 8's Cynthia Izaguirre will be a special honoree at the Children & Family Institute Gala on November 30. Photo: Children & Family Institute

arship Fund. This fund will empower and support deserving youths who have been placed through the CFI agency to pursue their dreams of higher education.

For further inquiries or to express your



Dr. Froswa Booker-Drew of Soulstice Consultancy is the Honorary Chair for the 30-year CFI Anniversary Gala on November 30. Photo: Children & Family Institute

interest in sponsorship, please contact Dr. Brendalyn Jackson, the Committee Chair and Event Coordinator, at drbjacksoncfi@ gmail.com. To get your tickets to the gala, visit cfiservices.org/gala.

Nominations open for STEAM awards

The Dallas (TX) Chapter of The Links, Incorporated has announced the opening of the nomination period for the 2024 Women Who STEAM Awards.

For the fifth annual Women Who STEAM Awards Luncheon a group of diverse, dynamic, female STEAM leaders committed to creating a pipeline to STEAM education and careers for young people and especially young girls of color will be honored.

Since the inaugural event in 2019, the prestigious Women Who STEAM Awards Luncheon has honored a diverse group of stellar women who lead, inspire, and mentor at all levels of their organizations and in our community.

The Dallas (TX) Chapter of the Links, Incorporated is committed to cultivating young female scholars of color through their signature STEAM Academy for 7th-12th grade scholars by championing diversity and inclusion in STEAM fields, celebrating the contributions of all women in STEAM fields, as well as inspiring young girls of color to pursue careers in STEAM. Recognizing the importance of creating a pipeline to success for all young girls of color while also exposing them to dynamic women in STEAM fields, the Dallas (TX) Chapter of the Links, Incorporated is honored to host the Women Who STEAM Awards Luncheon

and recognize outstanding women in the areas of Science, Technology, Engineering, Arts and Mathematics who exemplify extraordinary contributions in their fields while also Serving, Teaching, Excelling, Aspiring and Mentoring within their workplaces and communities.

Recipients of the Women Who STEAM Award will be celebrated at the Women Who STEAM Awards Luncheon on Thursday, April 4, 2024, at the Warwick Melrose Hotel.

For nominees to be considered, forms must be submitted by Saturday, November 25, 2023. Nominations can be submitted by anyone and nominees should be women in STEAM fields who:

- live and work in the Dallas-Fort Worth metroplex,
- are outstanding leaders who also give back to the community,
- are committed to diversity and inclusion in STEAM fields and
- are passionate about introducing STEAM education to young girls, particularly girls of color. To Nominate, go to the Women Who STEAM tab at www.dallaslinksinc.org.

Members of the Links, Incorporated and members of their immediate families are ineligible for these awards. Questions: Contact the WWS Honoree Selection Committee at womenwhosteam@dallaslinksinc.org

Meta Faces Lawsuit From 41 States Over Targeting Children

By Stacy M. Brown

Maryland and Virginia have joined 39 other states in a lawsuit against Meta, the parent company overseeing social media behemoths Facebook and Instagram. The lawsuit alleges that Meta has been intentionally targeting children with addictive features, sparking a nationwide outcry over the potential harm inflicted on young minds.

The District of Columbia has filed its own lawsuit against Meta.

"Our country is facing a youth mental health crisis fueled by young people's extensive and compulsive use of, and reliance on, social media platforms like Facebook and Instagram. This has placed an entire generation of young people in jeopardy,"



said Maryland Attorney General Anthony Brown. "Just like Big Tobacco did a generation ago, Meta has chosen to maximize its profits at the expense of public health, specifically the health of our children."

The lawsuit argues that Meta's actions have run afoul of the federal Children's Online Privacy Protection Act. Attorneys general from participating states assert that Meta has utilized potent technologies to allure, engage, and ultimately trap youth and teenagers.

The filing states unequivocally,

"Its motive is profit, and in seeking to maximize its financial gains, Meta has repeatedly misled the public about the substantial dangers of its Social Media Platforms."

The National Institute of Health has reported a concerning surge in youth mental health issues nationwide, with the percentage of children aged 3 to 17 experiencing anxiety or depression rising from 9.4% in 2016 to 11.8% in 2020, marking a worrisome 25% increase.

"Virginia's laws protect consumers from deceptive and misleading business practices," said Virginia Attorney General Jason Miyares. "We believe that Meta has violated these laws."

Miyares further accused Meta of downplaying the serious risks associated with their platform.

My Truth cont. from page 1

very disappointing presidential election next time around.

Voters are fickle.

And while many voters take their responsibility seriously and focus on ensuring that they are aware of the issues and the stances of the candidates or propositions; there are so many who are not prepared.

I salute the organizations and foot soldiers helping educate potential voters.

Don't let anything deter you. Having people serving who will do the right thing can make the difference in a meal on your table, you having a table, or you having a place to set the table!

Go to the polls. Vote early. If you have to vote absentee, pay attention to the dead-

lines and get your document in.

When you are voting, read every single page —those last pages of the ballot are just as important as the first one, just ask President Joe Biden who first served on a City Council.

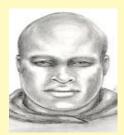
Not voting the entire ballot could cause you to pass over some solid candidates!

Texas has already been cited as having some of the most oppressive and disenfranchising voter laws in the country.

If you aren't going to vote, Texas doesn't need to worry about keeping those legislators responsible for that distinction in office— they have all the help they need, YOU!

You will be reading a lot about voting on these pages. Please know that this is news you need, even if you are unaware!

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By La Juana Barton

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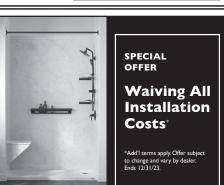
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